



OUR TINIEST PATIENTS GET A NEW HOME



- Nineteen single rooms allow for families to stay together day and night.
- Noise control and adjustable lighting allow enhanced patient comfort.
- State-of-the-art, private rooms allow confidentiality and privacy for more skin-to-skin contact, enhancing brain development and decreasing infection rates.

Sullivan and his twin brother Duncan were born 12 weeks early and admitted to the old NICU, where they remained together for 10 weeks. Their parents Lori and Thomas from Clyde River, PEI, had to stay in hotel rooms because there was no space for them to stay with their sons.

After 71 days of treatment, Duncan was ready to go home, while his brother Sullivan remained in hospital. For Lori and Thomas, that meant they not only had to leave Sullivan each night, but had to find a place to stay with Duncan.

That all changed when Sullivan moved into NICU North. Now, the brothers and their parents are able to share a room. "It is a great feeling to know we are going to be together as a family," Lori says. "We get to stay the night with Sullivan and have Duncan here too."

Dr. David Simpson, neonatologist and the medical director of NICU is enthusiastic about how this new donor-funded unit will impact families. "NICU North allows us to facilitate families being together with their babies, and really provide the best healing environment," says Dr. Simpson.

Both the White family and Dr. Simpson are grateful for the donors who made NICU North possible. "It's pretty amazing how something like this can be developed from donor support, like yours," says Lori.

Dr. Simpson echoes that sentiment, "Donors should feel proud of what they've built. From the entire NICU team – a sincere thank you."



NICU North Move in Day

Early on the morning of April 11, fifteen families in the open-bay Neonatal Intensive Care Unit (NICU) were moved into new, private rooms in NICU North. Thanks to the support of donors like you, families are now able to stay with their babies in this 100 per cent donor-funded unit.

TAKING CAREOF THE SICKEST KIDS

The opening of NICU North is the first step to completely transform the way the IWK cares for the Maritime's sickest children.

Over the next two years, the IWK Foundation will be working hand-in-hand with you, our donors, to raise the remaining funds to transform the second open-bay NICU into NICU South, and to completely revolutionize the Pediatric Intensive Care Unit (PICU).

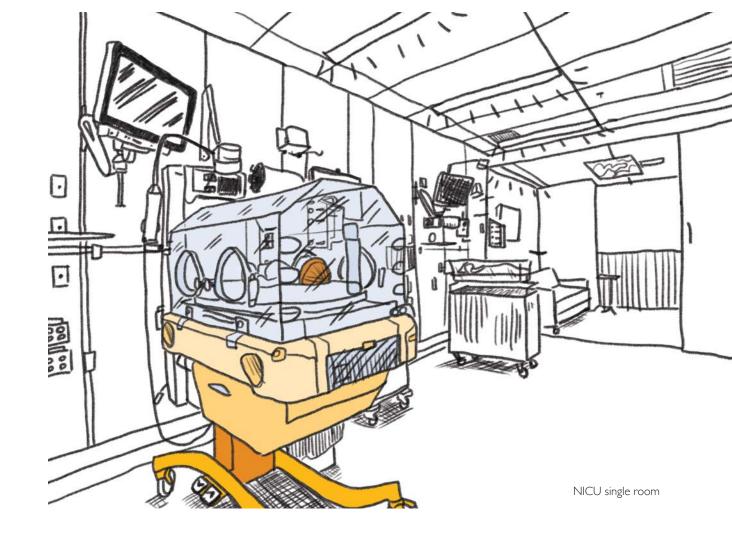
In the spring of 2019, NICU South will be completed, bringing the total number of single rooms for NICU families from 19 to 38.



picu rendering



In 2020, the new PICU will open. This world-class unit will transform the open-bay unit to 10 single, private rooms so families of the most ill pediatric patients will be able to stay with them day and night. Like the NICU, these rooms will allow for better protection from infection, reduced noise exposure and increased privacy – changing the lives of critically-ill patients, like AJ Gillis.



AJ's journey with the IWK began even before he was born. During an ultrasound at 13-weeks, parents Amy Bishara-Gillis and Joe Gillis of Yarmouth, NS, were told that AJ would be born with a congenital diaphragmatic hernia. AJ's bowels and stomach were pushed up into his lungs and his heart was displaced. AJ was born at the IWK and transferred to the NICU. Within hours his heart started to fail and AJ's family found themselves surrounded by 19 doctors and nurses with one goal – to save their little son's life.

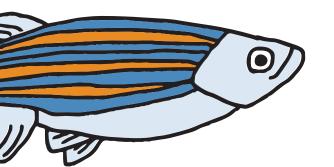
AJ was immediately rushed to the PICU. Five days later AJ's heart function began to improve.

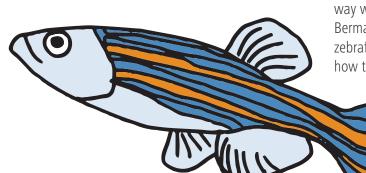
He was now strong enough to undergo surgery to repair his hernia. After spending two months in PICU, AJ was transitioned to an inpatient unit for another seven weeks before joining his older sisters at home. He went home with the assistance of a feeding tube to help him grow and develop. Today he is thriving.

Donors, like you, played a part in every step of his journey, including the Ron Joyce Operating Suites and equipment that AJ needed to survive. You are helping to change the lives of our most critically-ill patients and our community for generations to come.

SMALL FISH IN A BIG POND actual size

Around 80 per cent of children diagnosed with cancer survive. This is the story of how the IWK and zebrafish are working to help the other 20 per cent.





Terry Fox PROFYLE is a program that gives another chance to young cancer patients who are out of conventional treatment options. Short for PRecision Oncology For Young peopLE, Terry Fox PROFYLE brings together more than 30 of Canada's leaders in pediatric cancer research and care. These researchers work together to better diagnose and treat high-risk cancers, so that young patients can live longer, higher-quality lives.

where there's a gill, there's a way

The IWK is a proud member of PROFYLE. One of the ways it participates in the program is by providing vital research through Dr. Jason Berman's zebrafish lab.

It's hard to believe, but zebrafish are used to investigate human cancers because many of the cancer-causing genes and cancer cell types that occur in humans can be mimicked in these tiny little fish. They also process drugs in the same way we do. Because of these similarities, the Berman lab team can model human cancers in zebrafish and add drugs to the water to monitor how they work and any potential side effects.

PROFYLE in action

One patient who participated in PROFYLE was Jeremy Ingham, from Wolfville, NS.

Jeremy was diagnosed with a rare and aggressive bone cancer in 2013 when he was 17 years old. Through surgery and chemotherapy, he was able to manage his diagnosis. In June 2016, his cancer returned and Jeremy had a second surgery and radiation treatment. When the cancer came back for a third time in 2017, Jeremy was told it was inoperable and he had no further treatment options.

Through his participation in PROFYLE, Jeremy's care team was able to identify an unrecognized mutation in his tumour that led to treatment with a specifically targeted drug. This provided hope and a new opportunity for Jeremy, though in the end, his cancer continued to grow. Jeremy passed away on December 29, 2017.



Jeremy's Grad Day 2017



Jeremy Ingham + Dr. Jason Berman

leaving a legacy

Motivated by his personal experience, Jeremy was interested in finding a cure for cancer. It was his dream to become a researcher. When Jeremy received his final diagnosis, he found another way to let his dream live on.

On November 29, 2017 Jeremy made a personal gift to the IWK Foundation to establish the Jeremy Ingham Cancer Research Trust.

Through this amazing gift and the support of his family and friends, Jeremy was able to create a research award that will help generations of students continue the work he was so passionate about. Together, these recipients will fulfill Jeremy's dream of improving the outcome for cancer patients.

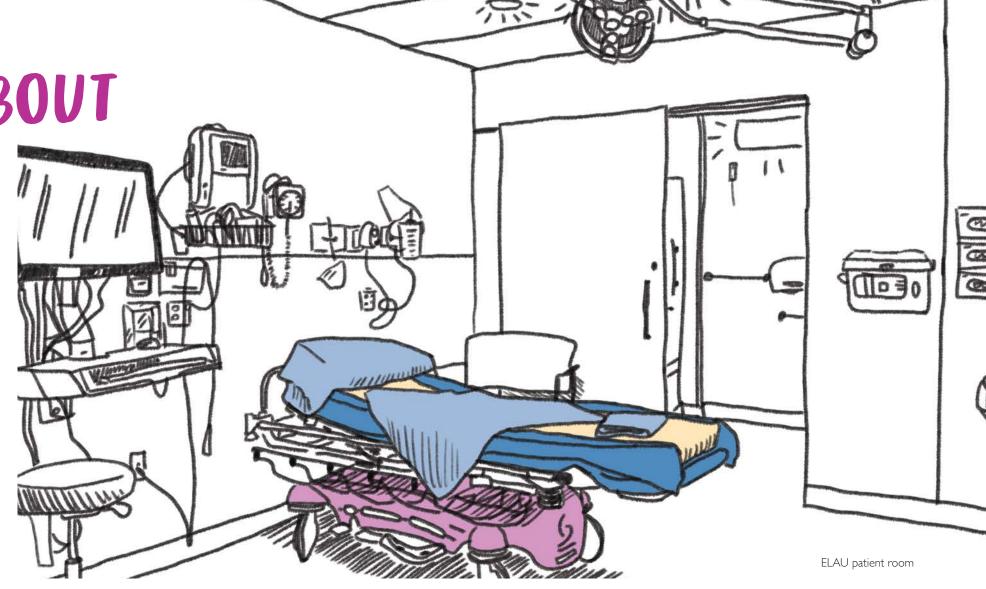
IT'S ALL ABOUT OUR WOMEN

"As a patient, I felt fortunate to have the ELAU. The space is beautiful, calm and inviting. The rooms are comfortable and outfitted with brand new equipment. I was so thankful to be there and I felt relaxed. When I went into labour, I was so grateful to immediately be shown a room and hooked up to state-of-the-art equipment that allowed me to hear and see my baby. Thank you, IWK!"

Claire Gillivan, proud mom to Franklin



Claire Gillivan with baby Franklin



This year, exciting donor-funded changes were made to the women's health program at the IWK, including the opening of the Garron Early Labour Assessment Unit (ELAU).

The ELAU was made possible by the generous support of Myron and Berna Garron and named in honour of Mr. Garron's mother, Adelia (Dot) Garron, RN.

This is where expectant mothers start on their journey to childbirth. Following their evaluation,

the patient may be admitted to the Birth Unit, sent for further assessment and evaluation, or admitted as an inpatient.

The ELAU includes seven examination rooms that provide ample space and privacy for patients during assessment and triage. Additionally, upgraded information technology provides care teams with quick access to patient information, improving care, triage and communication. The year also saw new technological enhancements made in the Gynecology and Breast Health operating rooms.

These changes allow for the advancement of minimally invasive surgeries at the IWK. The consolidation of multiple monitors into large video screens has improved operating room standards, reduced operating room changeover time, and enhanced educational opportunities for medical students, residents and healthcare professionals.

WE LOVE BEING A PART OF YOUR JOURNEY



Thank you, Walmart!

IWK Run for Families

More than 5,000 people participated in the IWK Run for Families on the Confederation Bridge as part of BridgeFest 150 on June 18. Together, they raised over \$223,000 for the IWK Foundation. With walkers and runners from every province, 16 US states – and even Germany and Australia – this event was the largest Canada 150 event east of Montreal. Wow!

Walmart raises one million

For 24 years, Walmart Canada, through the Children's Miracle Network, has been a tremendous partner of the IWK Foundation.

This past year, Walmart Canada stores across the Maritimes in partnership with you, their customers and the community, raised an amazing \$1,006,097. This outstanding total made them the first-ever donor to present a cheque over \$1 million on the IWK Telethon for Children on CTV.



We are honoured that the Maritime community is so passionate about the IWK. Here are just some of the ways donors fundraised last year.

IWK 250 laps the Competition

Since 2007, stock car racing fans eagerly gather in Antigonish, NS at the Riverside International Speedway for the IWK 250 presented by Steve Lewis. Every year, a NASCAR driver is selected to drive the "Cat Car for Kids," which is brought to the IWK Health Centre before the race so that patients can sign it. Over the last 11 years, the IWK 250 has helped raise awareness and more than \$438,000 for the IWK.



Mya with her brave stones



An amazing race!

Youth find raising for the lwk

We are grateful for all our donors, especially our amazing youth. Every year, countless Maritime youth donate their birthday money or host a fundraiser for the IWK, proving there is no age limit on generosity.

One such donor is Mya Williamson from Moncton, NB. An IWK nephrology patient and brain tumor survivor, Mya raises money in a variety of ways, but most often by selling Brave Stones — magnets she hand paints with friends and family. This past February, Mya was the Change Challenge Hero for the Moncton Radiothon and raised \$11,755.81, bringing her lifelong fundraising total for the IWK Foundation to over \$30,000!

THEIR CARE, THEIR WAY

With donor support already improving patient rehabilitation facilities at the IWK, practitioners like Dr. Jordan Sheriko are changing the way rehabilitation services are offered to patients.

Dr. Sheriko joined the IWK as the first-ever Pediatric Physical Medicine and Rehabilitation Specialist, Medical Director, Rehabilitation Services last July.

Previously, rehabilitation clinics were organized by diagnosis, where patients with the same condition were treated together. Under Dr. Sheriko's leadership, clinics focus on the functional goals of the patients. "We recognize that we need to shift the focus of our interventions so that they are aligned with the patient's goals. Patients are more engaged and that likely translates to better outcomes. It is about maximizing our patient's function and that's not disease specific," says Dr. Sheriko.

This method is a shining example of what it means to provide patient and familiy-centred care and puts the focus on the whole child by putting their personal goals first.

Clinics now focus on goals like improving mobility or muscle tone. This helps to expel the myth that a diagnosis defines a patient.





Gregor Gillis, Iwk patient

In the first year of his life, Gregor Gillis was diagnosed with Down syndrome, Juvenile diabetes and experienced kidney failure.

When he was 18 months old, Gregor was diagnosed with high-risk acute lymphoblastic leukemia. He received chemotherapy for three and a half years and spent almost a year living in the IWK's inpatient oncology unit.

As a result of his Down syndrome, Gregor was delayed in gross and fine motor development. However, after his first year of chemotherapy, the skills he had learned regressed significantly and he couldn't sit up on his own or even roll over. In addition, the combination of his health conditions and treatment resulted in him developing osteoporosis. Rehabilitation clinics at the IWK place the attention on meeting the patient at their challenge and helping them to fulfill their personal goal and reach their full potential.

Doctors told his mother Melanie that he may never walk.

The rehabilitation team at the IWK became very important to Gregor's care. He worked with many teams, including physiotherapy and occupational therapy. He spent time in a stander to teach him the sensation of standing, and in 2015, at 7 years of age, Gregor took his first steps.

Thanks to all the support he's received from the different care teams at the IWK, Gregor is thriving! Now, Melanie has stopped taking his wheelchair with the family when they go places. Gregor is a social, happy and rambunctious little boy who loves school. He continues to visit the IWK for long-term follow-up care.

CLOSE YOUR EYES AND IMAGINE...

Imagine a child you love is in need of treatment at the IWK. You would want to know they are receiving the best possible care. The generosity of donors, like you, helps to ensure that the IWK has the newest and most advanced technology and equipment.

Last year you helped purchase vital equipment for Maritime patients, including stretchers and a trauma cart for the Emergency Department.

These new stretchers can be lowered to the floor to help patients safely ease off to a standing position or be transitioned into a wheelchair. Thicker mattresses provide greater patient comfort, and Big Wheel technology makes the stretchers easier to move.

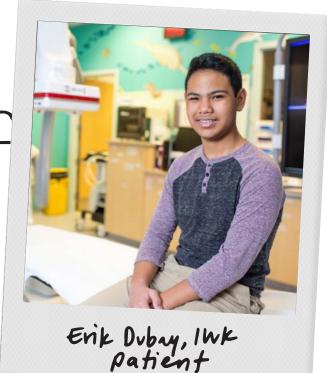
In a critical emergency, care teams now have a new trauma cart to allow for quick and easy access to resuscitation equipment and other key supplies.

A measuring tape on the cart can quickly assess a patient's height, which directs caregivers to a color-coded drawer. Each drawer contains all the equipment necessary for airway management and intravascular access to resuscitate the patient, based on their height and weight. This simple organization method improves care when every second counts. Another piece of equipment purchased through the support of donors like you is the Interventional Radiology Suite/ Cardiac Catheterization Suite.

This machine assists in the treatment of numerous patients throughout the IWK, including those requiring cardiac, nephrology, and neurology care. It uses a form of X-ray technology to watch a contrast agent injected into the body travel in real time.

This provides a minimally invasive way to see what is happening in the body allowing procedures such as cardiac angiography, biopsies, and abscess drainages to take place without surgery.

This suite is important to patients like 14-year-old Erik Dubay from Lower Sackville, NS. He has hyperlipidemia – a very rare condition that causes elevated levels of cholesterol in the blood. This condition increases the risk of disease of the blood vessels that can lead to stroke and heart disease.



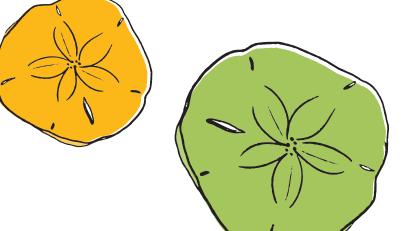
Erik required a valve replacement and has undergone several balloon dilations in the Interventional Radiology Suite/ Cardiac Catheterization Suite to expand his arteries. He also receives regular dialysis to help clean his blood of the extra cholesterol.

By helping the IWK purchase the most up to date, specialized equipment, you are helping patients like Erik receive the best, nothing less for his treatment.

A LEGACY THAT LIVES ON

Connor and Kathleen Balcome knew their greatgrandmother, Gladys Hubley, as an energetic, lively and caring woman. Her love of children was always apparent and they were delighted to learn that she extended her love through a gift in her will to the IWK.







Connor + Kathleen Balcome

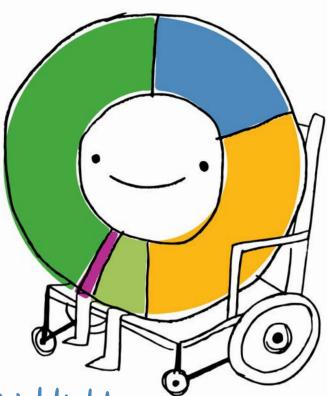
Gladys may not have known what an impact she made by leaving this gift but when one chapter of her life closed, a new journey began for the many patients and families at the IWK who will be comforted by her kindness.

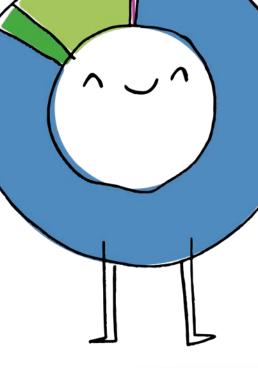
Gladys' donation was used to fund an inpatient room, allowing families to be together during their stay at the IWK. Gladys' memory lives on at the IWK because she chose to share her gift of a lifetime. For Connor and Kathleen, their greatgrandmother's generosity inspires them to find ways to give back in their daily lives.

In making this thoughtful gift, Gladys' love and desire to help the community continues to make a difference at the IWK Health Centre, and it is teaching future generations the power of philanthropy.

For more information on how you can leave a gift in your will to the IWK, please visit iwkfoundation.org/plannedgiving

THANK YOU FOR Your trust





Funding Priorities

,100,000 50,000
,100,000
249,797
,092,494

* This line includes funding that has been given for a specified or restricted purpose.

How we spend your dollars

	Health Centre Priorities	\$ 8,492,291
	Administration & Donor Services	\$ 1,843,723
	Fundraising	\$ 1,228,772
•	Marketing & Communication	\$ 1,718,211

Fundraising highlights

Telethon*	\$ 6,349,928
Radiothon	\$ 299,710
Annual Gifts**	\$ 960,894
🥚 Major & Planned Gifts	\$ 4,827,060
Other	\$ 2,860,632
Total Revenue	\$ 15,298,224

* This line represents revenue received for Telethon within the 2017/2018 fiscal year including pre-Telethon direct mail contributions and in-kind contributions.

** This line represents gifts received through direct mail, memorial, and tribute programs.

PROUD TO BE A PART OF THE JOURNEY



Steven Moore, Chair, IWK Foundation Board of Trustees "As I complete my role as Chair of the IWK Foundation's Board of Trustees, I cannot help but reflect on how extremely honoured I am to have worked with an outstanding group of trustees and staff to support the work of the IWK. Together we are united with you, our donors, in our belief that Maritime women, children and families deserve the best and nothing less. On behalf of the IWK Foundation Board of Trustees, thank you for your onging and continued support."

Steven Moore, Chair IWK Foundation Board of Trustees

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\$ 100,000 - \$ 249,999.99

BMO Financial Group The Chronicle Herald Dairy Queen Canada Atlantic Operators Inc The Gauthier & David Families Grocery Foundation of Atlantic Canada In Honour of Bella MacDonald & Grace Hansen Nova Scotia Liquor Corporation RE/MAX RBC Scotiabank Sun Life Financial TD Bank Group The Windsor Foundation

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"We decided to support the redevelopment of critical care at the IWK after our grandson spent time in NICU. We had an opportunity to tour NICU North, and were delighted with the outcome. It certainly is completely different than the old unit and it's always good to affirm that world class can be right here in Halifax!"

Anne Campbell and John Lindsay

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"We are focused on seeking out and partnering with institutions that are bringing best in class care to their patients – a category the IWK clearly falls into. We have East Coast roots and the ability to support truly innovative work means a huge amount to our team."

Kyle MacDonald, Co-founder Capitalize for Kids, Toronto, Ontairo

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