



Smiles create connection.

It's smile cookie time again! The Mental Health Foundation of Nova Scotia and the IWK Foundation are delighted to partner with Tim Hortons locations across HRM.

From April 27 – May 3, you can support a sweet cause by visiting your local Tim Hortons or by sharing smiles with your team, friends, and community using the pre-order form.

Every smile counts.

“Mental health support happens every day in our communities through connection, compassion, and care. Thanks to the transformational funding from the Smile Cookie campaign, we’re able to invest in programs that meet people where they are and help strengthen support across HRM.”

Starr Cunningham
President & CEO
Mental Health Foundation of Nova Scotia



Mental Health Foundation Community Grant Recipient 2021-2022

“Every Smile Cookie purchase supports Anchor Youth Space sites in HRM – where youth will be able to access free, one-stop, rapid access to mental health care, addiction support, primary care, vocational services, housing support services, and more in their community. Thank you for helping to remove barriers and connect youth with the right support, at the right time, closer to home!”

Jennifer Gillivan
President & CEO
IWK Foundation



With your purchase, together we help create more connected, compassionate communities — one smile at a time.



Jenna, Anchor Youth Space youth advisor





Pre-Order Form

From April 27-May 3, Tim Hortons Restaurant Owners will be supporting nearly 700 local charities, hospitals and community programs across Canada. **Guests who purchase a freshly baked Smile Cookie will be donating to these great causes with 100% of proceeds being donated!** To pre-order Tim Hortons Smile Cookies, complete this form and submit it to your nearest participating Tim Hortons Restaurant no less than 48 hours before your specified pick-up date & time, or visit the Tim Hortons App, Uber Eats, Door Dash or Skip the Dishes to see if your Smile Cookies can be delivered.

Number of Cookies:		12 Cookies per box
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Your Name:			
Address:			
Telephone:	()	
Email:			

Pick-Up Date:		Pick-Up Time:	
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Thank you for your support!